

# FACIAL TREATMENTS

## ABACA REVITALIZING 'ALGOANE ' FACIAL

(60 minutes)

Nourished with the richness of the ocean, algae concentrate, beneficial marine properties and rich in trace elements and minerals, this facial will restore and revitalize even the most deprived skin.

This marine based skin care range draws its benefits from an extensive research program undertaken by Dr Christine Bodeau at Science et Mer, one of the most prestigious marine institutes in France.

# BODY TREATMENTS

## CRUSHED WALNUT HUSK BACK TREATMENT

(60 minutes)

Invigorating back scrub with organic walnut husk will help smooth, purify and refine the often-neglected areas of the back. Pure witch hazel toner refreshes and balances the skin followed by a relaxing massage with a soothing orange blossom aloe vera moisturizer.

## AROMATIC BAMBOO BODY POLISH

(60 minutes)

Fine bamboo powder and organic vetiver essential oil are combined in this unique treatment for a deep exfoliation and toning of the skin. This polish is an invigorating way to increase circulation. Alfalfa extract containing Vitamins C, D + E will leave you silky, smooth and radiant. A soothing orange blossom aloe vera moisturizer finishes this treatment.

# HAND + FOOT CARE

## MOTHER OF PEARL HAND + FOOT TREATMENT

(90 minutes)

After a purifying soak in mineral salts and coconut nectar; a scrub of finely ground mother of pearl and sage extract help remove dry skin on the hands and feet. A nourishing pink clay mask infuses the healing oils of lemongrass and ginger to leave the hands and feet silky and smooth. This treatment is finished with a relaxing hand and foot massage using a soothing orange blossom aloe vera moisturizer.

## FOOT REFLEX THERAPY

(60 minutes)

The body contains constant flowing energy that unites the body with the reflex points on the feet. This specialized treatment assists in the relief of stress and tension and improves circulation, restoring the body's natural balance and equilibrium. The use of peppermint, black pepper, bergamot and eucalyptus essential oils will stimulate the senses.

Our spa services require that facilities be reserved in advance. Spa operating hours are from 10am and our last in-spa treatment will be offered at 8pm. After that all massage services are offered in the privacy of your suite or villa. All couples massage will be offered in your suite or villa.

all spa services are subject to government taxes and 10% service charge

# MASSAGE

## ABACÁ SIGNATURE MASSAGE

(90 minutes)

Using a combination of deep long strokes, rhythmic motion and pressure this massage treatment will help you experience true harmony and bliss with a choice of one of our therapeutic essential oil blends.

## TRADITIONAL SWEDISH MASSAGE

(90 minutes)

Both relaxing and soothing, this medium pressure massage helps to ease muscle pain, increase circulation & reduce body tension and stress. Customize this treatment by choosing one of our therapeutic essential oil blends.

## EUCALYPTUS + ROSEMARY SCALP AND SHOULDER MASSAGE

(60 minutes)

This invigorating massage stimulates blood circulation, easing tension and stiffness in the scalp and shoulders. Organic Australian eucalyptus awakens the senses, while; Spanish rosemary stimulates the scalp and improves the overall health of the hair.

## FILIPINO HILOT MASSAGE

(90 minutes)

Hilot is the ancient Filipino art of healing by massage. Medium to deep pressure strokes are used with organic virgin coconut oil which nourishes the skin and relieves deep-rooted stress.

# SPA PACKAGES

### PAGLULING HAYAW

This package includes;

60 minute abacá revitalizing 'algoane ' facial  
45 minute eucalyptus + rosemary scalp and shoulder massage  
An amazing escape.  
(1 hour 45 minutes)

### PAGTAGBAW

This luxurious package includes;

60 minute abacá revitalizing 'algoane ' facial  
75 minute abacá signature massage  
45 minute invigorating mother of pearl foot treatment  
Pure indulgence.  
(3 hours)

### PARAISO

This extravagant package includes;

60 minute abacá revitalizing 'algoane ' facial  
90 minute abacá signature massage  
45 minute aromatic bamboo body polish  
45 minute hand and foot treatment  
True Paradise!  
(4 hours)

We ask that you arrive 10-15 minutes prior to the scheduled treatment time in order to start the relaxation process. Arriving late may interfere with service time resulting in a less effective treatment.

The spa is regarded as a calm and peaceful environment. We ask that all guests respect the spa as a "quiet zone". All electronic equipment should be turned off and left in your suite or villa.